



EAST BAY CREW
Commercial Real Estate Women

DATE

July 16, 2009

TIME

11:30 am – 1:30 pm

PRICE

\$45 CREW Member
\$60 Non Member

LOCATION

Scott's Seafood Restaurant
1333 N California Blvd
Walnut Creek, CA 94596
Complimentary Valet Parking

PRE REGISTRATION ENDS

July 13, 2009*

**After deadline, walk ins are welcome and will be charged \$60; if possible, please send an email to rjolicoeur@berding-weil.com before you attend.*

QUESTIONS

eastbaycrew@crewnetwork.org

Surviving Change You Didn't Ask For

When it comes to change, people only like those they make themselves
~ French proverb

There is hardly a group dealing with change more than real estate professionals recently. How do we deal with the financial, emotional, circumstantial, and other consequences when we've been forced on a journey not of our choosing?

Change expert **M.J. Ryan** will explore how to strengthen our capacity to deal productively and resiliently with changes and delve into the psychology, brain science, and wisdom traditions that can help you not just survive, but thrive through the enormous transitions happening in our industry.



Bestselling author **M. J. Ryan** is a member of Professional Thinking Partners, specializing in coaching executives and entrepreneurs around the world. Her clients include Microsoft, Royal Dutch Shell, Frito Lay, the Department of Defense and others, and she has authored many books including *This Year I Will...How to Finally Change a Habit, Keep a Resolution, or Make a Dream Come True*. M. J. has appeared on the "Today Show" and in the *New York Times* and other major media. She resides in Walnut Creek with her husband and daughter. Visit her web site at www.mj-ryan.com.

Register Online www.eastbaycrew.org by 07.13.09

Registration/Cancellation Policy: The pre registration deadline is 05/18/09. In order to receive a refund, your cancellation must be received by this date. If you register, you must pay. No shows will be invoiced.

Luncheon Sponsorships Available
Contact Tille Ross at 925/256-9525 or tillieross@aol.com

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